

Esports Player interview questions

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What to expect

Interviews for esports players typically combine a conversation about your competitive history with a practical assessment. Teams want to see how you think, how you communicate and how you handle the pressure of a live match.

- **Process:** How you structure daily practice, review and fitness routines.
- **Behavioural:** Past examples of teamwork, conflict resolution and resilience.
- **Scenario:** In-game decisions, draft choices or mid-match adaptations.
- **Technical:** Game knowledge, meta analysis and use of tools like Aim Lab or Mobalytics.
- **Performance under pressure:** How you manage nerves, fatigue and high-stakes moments.
- **Fan and media:** Engaging with audiences on stream or in interviews, and representing a brand.

A typical process begins with a screening call with a coach or manager, followed by a tryout or scrim block where you play with the existing roster. If that goes well, you meet the organisation's leadership, sometimes including a media or community manager. Some teams also ask for a short streamed session or a recorded VOD review.

1. Walk me through how you prepare for a new patch or meta shift.

Why they ask

This tests your process, adaptability and how you translate research into practice.

How to structure your answer

A step-by-step walk-through covering research, individual practice, scrim application and team review.

Example answer

"First, I read the patch notes and watch early analysis from trusted coaches and pro players. I note which champions or strategies are buffed or nerfed, and how that might change draft priorities. Then I spend a few hours in custom games or the practice tool to test the changes myself. After that, I bring two or three options to scrims, and we review the VODs to see what worked. If something is not clicking, I go back to review and adjust. I also update my notes in Discord so the whole team has the same reference."

2. Tell me about a time you disagreed with a teammate's call during a match. What did you do?

Why they ask

This looks at your communication and conflict resolution under competitive pressure.

How to structure your answer

STAR: describe the situation, the task, the action you took, and the result for the team.

Example answer

"During a league match, our shot-caller wanted to contest an objective, but I thought we should back off and reset. I did not argue in the moment. I said I had a different read and suggested we play safe for the next thirty seconds. We ended up giving up the objective but won a fight later because we were in a better position. After the game, we watched the VOD together and talked about how we could align faster next time. We agreed to use a quick code word for when either of us feels strongly about a call."

3. You are in a best-of-five and down 0-2. Your team's morale is low. What do you do?

Why they ask

This probes your judgement under pressure and your ability to lead without panicking.

How to structure your answer

Judgement under pressure: acknowledge the situation, reset the team, then give a clear actionable plan for the next game.

Example answer

"First, I take a breath and remind the team that the series is not over. I focus on what we can control: our communication and our next draft. I suggest we pick a simple, comfort composition for the next game and play to our strengths. I also check in with each player individually during the break, asking if they need anything. If someone is tilted, I try to bring them back to the basics: hit your skillshots, ward, and play together. I have been in this position before, and I know that one good team fight can change the momentum."

4. How do you use data and tools like Aim Lab or Mobalytics to improve your performance?

Why they ask

This tests your technical approach, self-awareness and use of common esports tools.

How to structure your answer

An explanation structure: name the tool, describe how you use it, and give an example of how it changed your practice.

Example answer

"I use Aim Lab for a ten to fifteen minute warm-up before scrims, focusing on flick accuracy and tracking. I track my scores over time so I can see if my reaction time or precision is dropping, and I adjust my sleep or practice load if it is. For game knowledge, I use Mobalytics to review my post-game stats, like damage share, vision score, and death timings. I compare those numbers to my own VOD review and see where I can improve. I also share relevant data with my coach so we can set goals for the week."

5. Describe your approach to fan engagement and streaming. How does it fit with a team's brand?

Why they ask

This looks at your client-facing and media skills, and whether you understand the commercial side of esports.

How to structure your answer

A values and examples structure: explain your philosophy, then give specific actions you take and how they align with a team.

Example answer

"I see streaming as part of the job. I stream three evenings a week, playing ranked or reviewing VODs with viewers. I keep the chat respectful and answer questions about my role and the team. I also collaborate with teammates on co-streams and highlight clips. For a team's brand, I make sure my stream overlay and social posts use the organisation's colours and tag sponsors correctly. I want fans to feel connected to the team through my channel, and I know that a positive community helps the organisation grow."

6. What does physical and mental fitness look like in your weekly routine?

Why they ask

This checks whether you understand sustainable performance and can avoid burnout across a long season.

How to structure your answer

A routine breakdown: describe your weekly habits, then explain why each part matters for your game.

Example answer

"I plan my week around practice blocks. I wake up at a consistent time, do twenty minutes of stretching or a short workout, and eat a proper breakfast before scrims. I take a real break in the afternoon, away from screens, to avoid burnout. I also see a psychologist every few weeks to talk about pressure and motivation. In the evening, I review VODs for an hour, then wind down with reading or music. I track my sleep and energy in a notebook, so I know when to push and when to rest."